



Jackfruit Bar produced by KonimSf



**Under-utilized F&V are of concern such as moringa, tapioca, jackfruit, karonda**

## BENEFITS OF MORINGA

Organic  Facts

Powerful antioxidant

Used in treatment of edema

Good for liver protection

Relieves stomach disorders



Rich in antibacterial properties

Effective for treatment of diabetes

Supports to maintain healthy skin

Used for treating neurodegenerative diseases

[www.organicfacts.net](http://www.organicfacts.net)

## HEALTH BENEFITS OF TAPIOCA

Organic  Facts



Boost energy levels



Aids in healthy weight gain



Helps to prevent Alzheimer's disease



Reduces risk of cardiovascular disorders



Beneficial in improving blood circulation



Useful for muscle growth and development



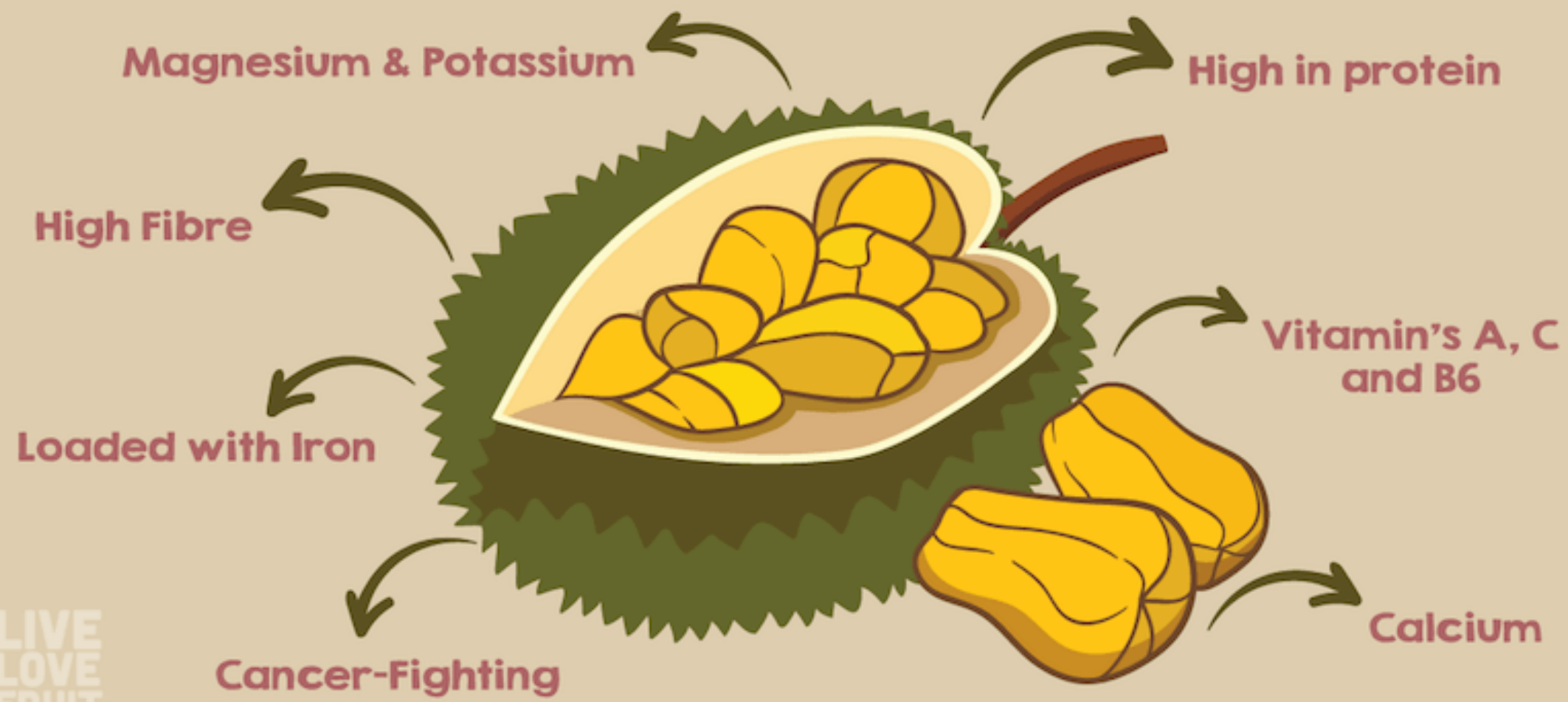
Helps in maintaining optimal blood pressure



Caution: Tapioca may be very poisonous if not prepared, processed or cooked properly. Avoid intake if trying to lose weight.

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# BENEFITS OF JACKFRUIT





# micro-cold-transport systems



# high-pressure processing (HPP) equipment for post-harvest value addition of F&V

